

Gluten Free Items at the Center Cafe

Food Items

Breakfast Plate
Greek Yogurt
Cafe Salad
Grilled Chicken Caesar Salad
Cranberry Salad
All Dressings
Banana
Applesauce
Cheetos
Baked Lays
Fruit Cup
Carrot Sticks
Cottage Cheese
Egg Salad* *
Chicken Salad
Tuna Salad
Vegetable Soup
Trail Mix
Spinach Salad

While we do our very best to identify all gluten-containing foods and to prevent cross-contamination, there is always a slight risk of contamination.

*Our blenders are used to make shakes that contain gluten. If you have Celiac disease or are gluten intolerant, ask for a freshly cleaned blender.

**We don't recommend ordering this if you are gluten intolerant, as it could be contaminated.

Shakes/Smoothies*

Banana Berry
Banana Cream
Cran-banana
Strawberry Sunshine
Spinach Delight
Peanut Butter Crunch
Chocolate Berry
Mocha Madness

HMR Shake Powders may contain trace amounts of gluten. If you have Celiac disease or are gluten intolerant, we do not recommend HMR shakes.

