



FAMILY *after four* FITNESS

*Evenings just got healthier
—and more affordable—
for your whole family!*

**TWILIGHT FAMILY
MEMBERSHIP**
now available

Discounted membership options for...

2 parents + 2 teens
2 parents + 1 teen
1 parent + 2 teens
1 parent + 1 teen

**Teens age
13-19**

TEEN-FRIENDLY.
PARENT-APPROVED.

MILESTONE
QUALITY!

- ✓ Professional & Experienced Trainers
- ✓ Access to Group Classes
- ✓ High-end Equipment
- ✓ Healthy Café

**Stop by for a tour
and FREE workout!**

Call Lynn to Join!
502.896.3900 x 302

Baptist Health/Milestone Wellness Center
750 Cypress Station Dr. 40207 | 502.896.3900